

TERM TWO SCHEME OF LEARNING 2022**PHYSICAL EDUCATION AND HEALTH – BASIC SEVEN (7)**

WK	WEEK ENDING	STRAND	SUB-STRAND	CONTENT STANDARD	INDICATOR	RESOURCES
1	13-05-2022	REVISION	REVISION ON LAST TERM EXAMS			
2	20-05-2022	PHYSICAL ACTIVITY EDUCATION	PHYSICAL FITNESS (PRE-TEST)	B7.2.2.1 B7.2.2.2	B7.2.2.1 B7.2.2.2.1	PICTURES AND VIDEOS FROM YOUTUBE, LR & TR, PACK
3	27-05-2022	PHYSICAL ACTIVITY EDUCATION	TRADITIONAL RHYTHMIC GYMNASTICS GAMES AND DANCE	B7.2.1.1	B7.2.1.1.1	PICTURES AND VIDEOS FROM YOUTUBE, LR, TR, PACK
4	03-06-2022	PHYSICAL ACTIVITY EDUCATION	TRADITIONAL GAMES	B7.2.1.2	B7.2.1.2.1	PICTURES AND VIDEOS
5	10-06-2022	PHYSICAL ACTIVITY EDUCATION	INDIVIDUAL AND GROUP TRADITIONAL DANCE	B7.2.1.3	B7.2.3.1.1	PICTURES AND VIDEOS, DRUMS
6	17-06-2022	PHYSICAL ACTIVITY EDUCATION	ORGANISED SPORTS UNDER PHYSICAL ACTIVITY AND PARTICIPATION	B7.2.3.1	B7.2.3.1.1	PICTURES AND VIDEOS, BALL, ROCKET ETC LR & TR PACK
7	24-06-2022	PHYSICAL ACTIVITY EDUCATION	ORGANISED SPORTS UNDER PHYSICAL ACTIVITY AND PARTICIPATION	B7.2.3.1.2	B7.2.3.1.2	PICTURES, VIDEOS, BALL VIDEOS, TABLE TENNIS, TR & LR PACK
8	01-07-2022	PHYSICAL ACTIVITY EDUCATION	ORGANISED SPORTS UNDER PHYSICAL ACTIVITY AND PARTICIPATION	B7.2.3.1	B7.2.3.1.3	GOLF PICTURES VIDEOS
9	08-07-2022	HEALTH EDUCATION	INJURY PREVENTION & MANAGEMENT	B7.1.3.1	B7.1.3.1.2	PICTURES AND VIDEOS
10	15-07-2022	HEALTH EDUCATION	INJURY PREVENTION MANAGEMENT	B7.1.3.1	B7.1.3.1.2	VIDEOS AND PICTURES FROM YOUTUBE
11	22-07-2022	PHYSICAL ACTIVITY EDUCATION	PHYSICAL FITNESS (POST TEST)- PHYSICAL FITNESS	B7.2.2.1 B7.2.2.3	B7.2.2.1.1 B7. 2.2.3.1	PICTURES AND VIDEOS FROM YOUTUBE, TEACHERS AND LEARNERS RESOURCES PACK
12	29-07-2022	REVISION WEEK	REVISION WEEK	REVISION WEEK		
13	05-08-2022	EXAMINATION WEEK	EXAMINATION WEEK	EXAMINATION WEEK		
14	12-08-2022	VACATION WEEK	VACATION WEEK			

