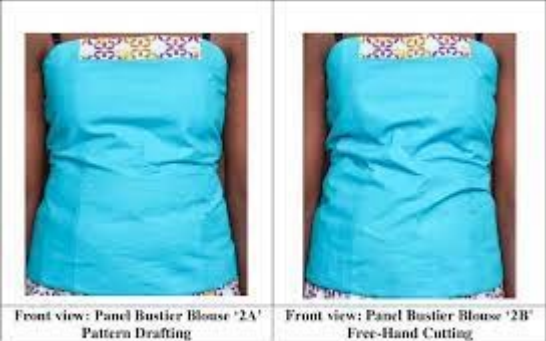




WEEK ENDING.....30/09/2022.....

SUBJECT...HOME ECONOMICS

REFERENCE...SYLLABUS(CRDD,2007). HOME ECONO FOR JHS

FORM.....BASIC 8.....WEEK.....3.....

<u>DAY/DURATION</u>	<u>TOPIC/SUB-TOPIC/ASPECT</u>	<u>OBJECTIVES/R.P.</u>	<u>TEACHER-LEARNER ACTIVITIES</u>	<u>T/L MATERIALS</u>	<u>CORE POINTS</u>	<u>EVALUATION AND REMARKS</u>
TUESDAY 27-09-2022 1:20PM – 2:40PM 80min	Topic; Free-Hand cutting Sub-Topic; apply skills in free-hand cutting to make a blouse.	By the end of the lesson the Pupil will be able to; Cut a blouse before sewing. RPK Pupils have seen a blouse before.	Introduction; Show Pupils pictures of blouse for observations. Activities; <ol style="list-style-type: none"> 1. Assist Pupils to cut fabrics for designing a blouse using freehand cutting techniques. 2. Discuss the steps involved in sewing a blouse. 3. Pupils individually practice 	Pair of scissors, piece of cloth, sewing machine, hand needle.	 <p>Front view: Panel Bustier Blouse '2A' Pattern Drafting Front view: Panel Bustier Blouse '2B' Free-Hand Cutting</p> <p>Figure 4.4: Panel Bustier Blouse (Front View)</p> <ul style="list-style-type: none"> • How to take body measurements • How to mark directly on your fabric using the measurements you took • How to cut your fabric without a pattern (using freehand techniques) • How to make a pencil skirt (detailed cutting and step-by-step sewing instructions) • How to make peplum top (detailed cutting and step-by-step sewing instructions) 	Exercise; Outline the steps involved in sewing a blouse.

			<p>sewing a blouse.</p> <p>Closure; Pupils practice sewing blouse for themselves after making freehand cutting.</p>		<p>Required</p> 	
<p>THURSDAY</p> <p>29-09-2022</p> <p>8:05AM – 9:15AM</p> <p>70min</p>	<p>Topic; Free-Hand cutting</p> <p>Sub-Topic; apply skills in free-hand cutting to make a shirt</p>	<p>Objective; By the end of the lesson the Pupil will be able to;</p> <p>Cut and sew a shirt using freehand techniques.</p> <p>RPK Pupils have been taught how to sew a blouse.</p>	<p>Introduction; Through questions and answers, introduce the lesson.</p> <p>Activities;</p> <ol style="list-style-type: none"> 1. Guide pupils to Pre-image a shirt for themselves. 2. Assist Pupils to sketch the shirt . 			<p>Exercise;</p> <ol style="list-style-type: none"> 1. Write the steps to follow to sew a shirt with freehand cutting. 2. Explain the steps to sew a shirt using

			<p>3. Discuss the quantity of fabric required for their specific styles (designs).</p> <p>4. Using free-hand cutting, pupils to cut out and sew their shirt/blouse using their own body measurement.</p> <p>Closure; Teacher to supervise and give corrective advice at each stage of the sewing process.</p>		<p>Sewing a t-shirt is quick and easy (once you have a pattern that you know you love), and is a great project for when you need something quick to sew that will still yield fabulous results.</p>	<p>pattern drafting.</p> <p>REMARKS</p>
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