**WEEK ENDING………30/09/2022……………………………………**

 **SUBJECT…HOME ECONOMICS**

 **REFERENCE…SYLLABUS(CRDD,2007), HOME ECONS FOR JHS**

 **FORM……………..BASIC 8……………WEEK………3.……………..**

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| ***DAY/DURATION*** | ***TOPIC/SUB-TOPIC/ASPECT*** | ***OBJECTIVES/R.P. K*** | ***TEACHER-LEARNER ACTIVITIES*** | T/L MATERIALS | CORE POINTS | EVALUATION AND REMARKS |
| TUESDAY27-09-20221:20PM – 2:40PM 80min | **Topic;****Free-Hand cutting****Sub-Topic;**apply skills in free-handcutting to make ablouse. | By the end of the lesson the Pupil will be able to;Cut a blouse before sewing.**RPK**Pupils have seen a blouse before. | **Introduction;**Show Pupils pictures of blouse for observations.**Activities;**1. Assist Pupils to cut fabrics for designing a blouse using freehand cutting techniques.
2. Discuss the steps involved in sewing a blouse.
3. Pupils individually practice sewing a blouse.

**Closure;**Pupils practice sewing blouse for themselves after making freehand cutting. | **Pair of scissors, piece of cloth, sewing machine, hand needle.** | * How to take body measurements
* How to mark directly on your fabric using the measurements you took
* How to cut your fabric without a pattern (using freehand techniques)
* How to make a pencil skirt (detailed cutting and step-by-step sewing instructions)
* How to make peplum top (detailed cutting and step-by-step sewing instructions)

Required | **Exercise;**Outline the steps involved in sewing a blouse. |
| **THURSDAY****29-09-2022****8:05AM – 9:15AM** **70min** | **Topic;****Free-Hand cutting****Sub-Topic;**apply skills in free-handcutting to make ashirt | **Objective;**By the end of the lesson the Pupil will be able to;Cut and sew a shirt using freehand techniques.**RPK**Pupils have been taught how to sew a blouse. | **Introduction;**Through questions and answers, introduce the lesson.**Activities;**1. Guide pupils to Pre-image a shirt for

themselves.1. Assist Pupils to sketch the shirt .
2. Discuss the quantity of fabric required for their

specific styles (designs).1. Using free-hand cutting, pupils to cut out and

sew their shirt/blouse using their own bodymeasurement.**Closure;**Teacher to supervise and give corrective adviceat each stage of the sewing process. |  | Freehand Cutting Tips From Chinelo Bally - Sewing Blog - Sew MagazineSewing a t-shirt is **quick and easy** (once you have a pattern that you know you love), and is a great project for when you need something quick to sew that will still yield fabulous results. | **Exercise;**1. Write the steps to follow to sew a shirt with freehand cutting.
2. Explain the steps to sew a shirt using pattern drafting.

**REMARKS** |