**WEEK ENDING………30/09/2022……………………………………**

**SUBJECT…HOME ECONOMICS**

**REFERENCE…SYLLABUS(CRDD,2007), HOME ECONS FOR JHS**

**FORM……………..BASIC 8……………WEEK………3.……………..**

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| ***DAY/DURATION*** | ***TOPIC/SUB-TOPIC/ASPECT*** | ***OBJECTIVES/R.P. K*** | ***TEACHER-LEARNER ACTIVITIES*** | T/L MATERIALS | CORE POINTS | EVALUATION AND REMARKS |
| TUESDAY  27-09-2022  1:20PM – 2:40PM  80min | **Topic;**  **Free-Hand cutting**  **Sub-Topic;**  apply skills in free-hand  cutting to make a  blouse. | By the end of the lesson the Pupil will be able to;  Cut a blouse before sewing.  **RPK**  Pupils have seen a blouse before. | **Introduction;**  Show Pupils pictures of blouse for observations.  **Activities;**   1. Assist Pupils to cut fabrics for designing a blouse using freehand cutting techniques. 2. Discuss the steps involved in sewing a blouse. 3. Pupils individually practice sewing a blouse.   **Closure;**  Pupils practice sewing blouse for themselves after making freehand cutting. | **Pair of scissors, piece of cloth, sewing machine, hand needle.** | * How to take body measurements * How to mark directly on your fabric using the measurements you took * How to cut your fabric without a pattern (using freehand techniques) * How to make a pencil skirt (detailed cutting and step-by-step sewing instructions) * How to make peplum top (detailed cutting and step-by-step sewing instructions)   Required | **Exercise;**  Outline the steps involved in sewing a blouse. |
| **THURSDAY**  **29-09-2022**  **8:05AM – 9:15AM**  **70min** | **Topic;**  **Free-Hand cutting**  **Sub-Topic;**  apply skills in free-hand  cutting to make a  shirt | **Objective;**  By the end of the lesson the Pupil will be able to;  Cut and sew a shirt using freehand techniques.  **RPK**  Pupils have been taught how to sew a blouse. | **Introduction;**  Through questions and answers, introduce the lesson.  **Activities;**   1. Guide pupils to Pre-image a shirt for   themselves.   1. Assist Pupils to sketch the shirt . 2. Discuss the quantity of fabric required for their   specific styles (designs).   1. Using free-hand cutting, pupils to cut out and   sew their shirt/blouse using their own body  measurement.  **Closure;**  Teacher to supervise and give corrective advice  at each stage of the sewing process. |  | Freehand Cutting Tips From Chinelo Bally - Sewing Blog - Sew Magazine  Sewing a t-shirt is **quick and easy** (once you have a pattern that you know you love), and is a great project for when you need something quick to sew that will still yield fabulous results. | **Exercise;**   1. Write the steps to follow to sew a shirt with freehand cutting. 2. Explain the steps to sew a shirt using pattern drafting.   **REMARKS** |